



5 JULY 2026 ❖ 14TH SUNDAY IN ORDINARY TIME ❖ YEAR A



FINDING REST IN JESUS!

Today on the 14th Sunday in Ordinary Time, Jesus praises God for revealing the mysteries of His Kingdom to the little ones rather than to the learned—the scribes and Pharisees who followed the rules strictly but became judgmental and resented Jesus for welcoming sinners. In contrast, Jesus, meek and humble of heart, invites all to come to Him and take His yoke — the command to love. As we accept Jesus’ invitation to this Eucharist, may He transform our hearts so that we may learn to love like Him with sincerity and compassion.



INTRODUCTORY RITES

ENTRANCE ANTIPHON

(To be recited only when no entrance hymn is sung.)

Your merciful love, O God,
we have received in the midst of your temple.

Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

(Cf. Ps 48 (47): 10. 11)

GREETING

P –Grace and peace from God our Father, the Lord Jesus Christ, and the Holy Spirit be with you.

All–And with your spirit.

PENITENTIAL ACT

P –Gathered together by the Father’s love to celebrate Christ’s victory over sin and death,

let us ask the Holy Spirit to make us realize what makes us unworthy to participate in the Eucharistic Banquet. (Pause)

P –For refusing to take upon our shoulders the yoke of your commandments, Lord, have mercy.

All–Lord, have mercy.

P –For failing to learn from you who are gentle and humble of heart, Christ, have mercy!

All–Christ, have mercy.

P –For failing to be signs and instruments of your love for our suffering brothers and sisters, Lord, have mercy.

All–Lord, have mercy.

P –May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All–Amen.

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GLORIA

All – Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

P –O God, who in the abasement of your Son
have raised up a fallen world,
fill your faithful with holy joy,
for on those you have rescued from slavery to sin
you bestow eternal gladness.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.
All–Amen.

LITURGY OF THE WORD

1st Reading

Zec 9:9-10

R –A reading from the Book of the Prophet
Zechariah

Thus says the Lord:
Rejoice heartily, O daughter Zion,
shout for joy, O daughter Jerusalem!
See, your king shall come to you;
a just savior is he,
meek, and riding on an ass,
on a colt, the foal of an ass.
He shall banish the chariot from Ephraim,
and the horse from Jerusalem;
the warrior's bow shall be banished,

and he shall proclaim peace to the nations.
His dominion shall be from sea to sea,
and from the River to the ends of the
earth.

The word of the Lord.
All –Thanks be to God.

Responsorial Psalm Ps 145:1-2, 8-9, 10-11, 13-14

R –*I will praise your name forever, my king
and my God.*

R. M. Velez



- * I will extol you, O my God and King,
and I will bless your name forever and
ever.
Every day will I bless you, and I will praise
your name forever and ever. **R.**
- * The Lord is gracious and merciful,
slow to anger and of great kindness.
The Lord is good to all
and compassionate toward all his
works. **R.**
- * Let all your works give you thanks, O Lord,
and let your faithful ones bless you.
Let them discourse of the glory of your
kingdom and speak of your might. **R.**
- * The Lord is faithful in all his words
and holy in all his works.
The Lord lifts up all who are falling
and raises up all who are bowed down. **R.**

2nd Reading

Rom 8:9.11-13

R –A reading from the Letter of Paul to the
Romans

Brothers and sisters:
You are not in the flesh;
on the contrary, you are in the spirit,
if only the Spirit of God dwells in you.
Whoever does not have the Spirit of Christ
does not belong to him.

If the Spirit of the one who raised Jesus from the dead dwells in you,
the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit that dwells in you.
Consequently, brothers and sisters, we are not debtors to the flesh, to live according to the flesh.
For if you live according to the flesh, you will die,
but if by the Spirit you put to death the deeds of the body, you will live.

The word of the Lord.
All –Thanks be to God.

Gospel Acclamation Mt 11:25

All–Alleluia! Alleluia!
Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom.
Alleluia! Alleluia!

Gospel Mt 11:25-30

P –The Lord be with you.
All –**And with your spirit.**
P –A reading from the holy Gospel according to Matthew
All –**Glory to you, O Lord.**

At that time Jesus exclaimed:
“I give praise to you, Father, Lord of heaven and earth,
for although you have hidden these things from the wise and the learned you have revealed them to little ones.
Yes, Father, such has been your gracious will.
All things have been handed over to me by my Father.
No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him.
“Come to me, all you who labor and are burdened,
and I will give you rest.
Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves.
For my yoke is easy, and my burden light.”

The Gospel of the Lord.
All–Praise to you, Lord Jesus Christ.

HOMILY

Profession of Faith
(Nicene-Constantinopolitan Creed)

All – I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven, *(bow)*
** and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

P –Jesus invites all who are tired to come to Him and find rest. Let us bring our needs and prayers to Him our loving Savior. We pray: Lord Jesus, hear our prayer.

All–Lord Jesus, hear our prayer.

C –For the Pope, bishops, and all Church leaders, may they lead with humility and a caring heart like Jesus who heals and repairs our brokenness. We pray. R.

C –For our government leaders, may they serve with honesty and humility, remembering they are called to serve others. We pray. **R.**

C –For families in particular those facing sickness, stress, or difficulties, may they turn to Jesus and find strength and comfort. We pray. **R.**

C –For our departed loved ones, may they rest in the peace and joy of God’s kingdom. We pray. **R.**

P – Loving Jesus, you lift up the weary and heal the broken. Hear our prayers, lighten our burdens, and help us follow You with joy and faith. You live and reign forever and ever.
All–Amen.

LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

P –Pray, brethren . . .
All –**May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

P –May this oblation dedicated to your name purify us, O Lord,
and day by day bring our conduct closer to the life of heaven.
Through Christ our Lord.
All–Amen.

PREFACE II

P –The Lord be with you.
All–And with your spirit.

P –Lift up your hearts.
All–We lift them up to the Lord.

P –Let us give thanks to the Lord our God.
All–It is right and just.
P –It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
Lord, holy Father, almighty and eternal God,
through Christ our Lord.

For out of compassion for the waywardness that is ours,
he humbled himself and was born of the Virgin;
by the passion of the Cross, he freed us from unending death,
and by rising from the dead, he gave us life eternal.

And so, with Angels and Archangels,
with Thrones and Dominions,
and with all the hosts and Powers of heaven,
we sing the hymn of your glory,
as without end we acclaim:

**All – Holy, holy, holy Lord, God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name
of the Lord.
Hosanna in the highest.**

MEMORIAL ACCLAMATION

P –The mystery of faith.
**All– We proclaim your Death, O Lord, and
profess your Resurrection until you come
again.**

COMMUNION RITE

All–Our Father . . .
P– Deliver us, Lord . . .
**All –For the kingdom,
the power, and the glory are yours,
now and for ever.**

SIGN OF PEACE BREAKING OF THE BREAD

**All–Lamb of God, you take away the sins
of the world:
have mercy on us. (2x)
Lamb of God, you take away the sins
of the world:
grant us peace.**

COMMUNION

P –Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.
**All – Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**



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COMMUNION ANTIPHON

(To be recited only when no Communion hymn is sung.)

Come to me, all who labor and are
burdened,
and I will refresh you, says the Lord.
(Mt 11:28)

PRAYER AFTER COMMUNION

P – Grant, we pray, O Lord,
that, having been replenished by such great gifts,
we may gain the prize of salvation
and never cease to praise you.
Through Christ our Lord.
All– Amen.

CONCLUDING RITES

P – The Lord be with you.
All– And with your spirit.

P – May almighty God bless you: the Father,
and the Son, and the Holy Spirit.
All– Amen.

P – Go in peace, glorifying the Lord by your
life.
All– Thanks be to God.

Meet the Church's Newest Saint -

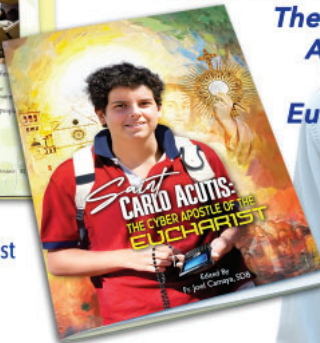
Saint CARLO ACUTIS!

Canonized by Pope Leo XIV on September 7, 2025,
Saint Carlo is the patron of the digital age
and a model of holiness for the youth.



- Timeline of Carlo Acuti's Life
- Carlo Acutis: A Life Connected with Christ
- A Walkthrough of Carlo Acutis'
- Novena to Saint Carlo Acutis
- How to Be Like Carlo Acutis
- Carlo's Path to Sainthood
- Places of St. Carlo Acutis

Discover his story,
legacy, and mission
through our exclusive
pamphlet about his
life and miracles:
**Saint Carlo Acutis
The Cyber
Apostle
of the
Eucharist**



Spread the word. Be inspired.
Take home a piece of Saint Carlo's legacy!

