



30 AUGUST 2026 ❖ 22ND SUNDAY IN ORDINARY TIME ❖ YEAR A



“WHOEVER WISHES TO COME AFTER ME MUST DENY HIMSELF TAKE UP HIS CROSS AND FOLLOW ME”

Today is the 22nd Sunday in Ordinary Time. In the Gospel, Jesus foretells His suffering and death, but Peter resists, unable to accept a suffering Messiah. He loves Jesus, but not the Cross. Yet true discipleship means self-denial and taking up our cross. Faith is tested not in comfort, but in trials. May this Eucharist strengthen us to embrace the Cross, trusting that its cost is nothing compared to the life Christ promises.

INTRODUCTORY RITES

ENTRANCE ANTIPHON

(To be recited only when no entrance hymn is sung.)

Have mercy on me, O Lord, for I cry to you
all the day long.

O Lord, you are good and forgiving,
full of mercy to all who call to you.

(Cf. Ps 85:3, 5)

GREETING

P – Blessed be the Lord Jesus who calls us
to be His disciples and seek what is good and
perfect. May His grace and peace be with you
all.

All – And with your spirit.

PENITENTIAL ACT

P – Today’s Gospel reminds us that only
those who have the generosity to follow the

example and teaching of Jesus may be called
his disciples. Let us ask ourselves if we deserve
such an honor. (Pause)

P – Lord Jesus, you call us to be constantly
renewed in mind and heart, but we prefer to live
in our old sinful ways. Lord, have mercy.

All – Lord, have mercy.

P – Lord Jesus, you taught us to judge events
and people by God’s standards, but we continue
to judge them by our earthly standards. Christ,
have mercy.

All – Christ, have mercy.

P – Lord Jesus, you challenge us to take up our
cross and follow in your footsteps, but we often
seek to have an easy life and to do things our
way. Lord, have mercy.

All – Lord, have mercy.

P – May almighty God have mercy on us,
forgive us our sins, and bring us to everlasting
life.

All – Amen.

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GLORIA

All – Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

P –God of might, giver of every good gift,
put into our hearts the love of your name,
so that, by deepening our sense of reverence,
you may nurture in us what is good
and, by your watchful care,
keep safe what you have nurtured.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.
All–Amen.

LITURGY OF THE WORD

1st Reading

Jer 20:7-9

R –A reading from the Book of the Prophet
Jeremiah

You duped me, O Lord, and I let myself be
duped;
you were too strong for me, and you
triumphed.
All the day I am an object of laughter;
everyone mocks me.

Whenever I speak, I must cry out,
violence and outrage is my message;
the word of the Lord has brought me
derision and reproach all the day.
I say to myself, I will not mention him,

I will speak in his name no more.
But then it becomes like fire burning in my
heart,
imprisoned in my bones;
I grow weary holding it in, I cannot endure it.

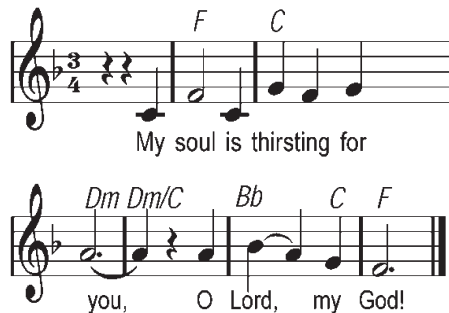
The word of the Lord.
All –Thanks be to God.

Responsorial Psalm

Ps 63:2, 3-4, 5-6, 8-9

R –My soul is thirsting for you,
O Lord my God.

R. M. Velez



- * O God, you are my God whom I seek;
for you my flesh pines and my soul
thirsts
like the earth, parched, lifeless and
without water. **R.**
- * Thus have I gazed toward you in the
sanctuary
to see your power and your glory,
for your kindness is a greater good than life;
my lips shall glorify you. **R.**
- * Thus will I bless you while I live;
lifting up my hands, I will call upon
your name.
As with the riches of a banquet shall my
soul be satisfied,
and with exultant lips my mouth shall
praise you. **R.**
- * You are my help,
and in the shadow of your wings I shout
for joy.
My soul clings fast to you;
your right hand upholds me. **R.**

2nd Reading

Rom 12:1-2

R –A preading from the Letter of Paul to the
Romans

I urge you, brothers and sisters, by the
mercies of God,
to offer your bodies as a living sacrifice,
holy and pleasing to God, your spiritual
worship.

**Do not conform yourselves to this age
but be transformed by the renewal of
your mind,
that you may discern what is the will of
God,
what is good and pleasing and perfect.**

The word of the Lord.
All –Thanks be to God.

Gospel Acclamation

Eph 1:17-18

All–Alleluia, alleluia.
May the Father of our Lord Jesus Christ
enlighten the eyes of our hearts,
that we may know what is the hope
that belongs to our call.
Alleluia, alleluia.

Gospel

Mt 16:21-27

P –The Lord be with you.
All –And with your spirit.
P –A reading from the holy Gospel according
to Matthew
All –Glory to you, O Lord.

**Jesus began to show his disciples
that he must go to Jerusalem and suffer
greatly
from the elders, the chief priests, and the
scribes,
and be killed and on the third day be
raised.**
**Then Peter took Jesus aside and began to
rebuke him,
“God forbid, Lord! No such thing shall
ever happen to you.”**
**He turned and said to Peter,
“Get behind me, Satan! You are an
obstacle to me.**
**You are thinking not as God does, but as
human beings do.”**
**Then Jesus said to his disciples,
“Whoever wishes to come after me must
deny himself,
take up his cross, and follow me.**
**For whoever wishes to save his life will lose it,
but whoever loses his life for my sake will
find it.**
**What profit would there be for one to gain
the whole world and forfeit his life?**
Or what can one give in exchange for his life?
**For the Son of Man will come with his angels
in his Father’s glory,
and then he will repay all according to his
conduct.”**

The Gospel of the Lord.
All–Praise to you, Lord Jesus Christ.

HOMILY

Profession of Faith

(Nicene-Constantinopolitan Creed)

**All – I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**
**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.**
**God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.**
**For us men and for our salvation
he came down from heaven, (bow)**
*** and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.***
**For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**
**He ascended into heaven
and is seated at the right hand of the
Father.**
**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**
**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.**
**I believe in one, holy, catholic
and apostolic Church.**
**I confess one Baptism
for the forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come. Amen.**

PRAYER OF THE FAITHFUL

P – Jesus calls us to deny ourselves, take up
our cross, and follow Him. Trusting in His
mercy, we pray: Jesus, hear our prayer and help
us follow You.

**All–Jesus, hear our prayer and help us
follow You.**

C –For the Holy Father, the bishops, and all the clergy: may they be strengthened with courage and wisdom to lead the Church faithfully amid trials and challenges. Let us pray. **R.**

C –For leaders of nations: may they serve with selflessness, truth, and justice, setting aside personal gain for the good of all. Let us pray. **R.**

C –For the sick, the poor, and the suffering: may they be comforted through the care of others and experience Christ’s loving presence. Let us pray. **R.**

C –For the youth: may they keep Jesus at the center of their lives, embracing service and turning away from selfish ambitions. Let us pray. **R.**

P –Lord Jesus, you know our struggles and our hopes. Pour out the Holy Spirit upon us, that our crosses may become our strength and lead us closer to You. We ask this through Christ our Lord.
All–Amen.

LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

P –Pray, brethren . . .
All –May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P –May this sacred offering, O Lord, confer on us always the blessing of salvation, that what it celebrates in mystery it may accomplish in power.
Through Christ our Lord.
All–Amen.

PREFACE VI

P –The Lord be with you.
All–And with your spirit.
P –Lift up your hearts.
All– We lift them up to the Lord.
P –Let us give thanks to the Lord our God.
All– It is right and just.
P –It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God.
For in you we live and move and have our being,
and while in this body
we not only experience the daily effects of your care,
but even now possess the pledge of life eternal.
For, having received the first fruits of the Spirit, through whom you raised up Jesus from the dead,
we hope for an everlasting share in the Paschal Mystery.
And so, with all the Angels, we praise you, as in joyful celebration, we acclaim:
All – Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

MEMORIAL ACCLAMATION

P –The mystery of faith.
All –Save us, Savior of the world, for by your Cross and Resurrection you have set us free..

COMMUNION RITE

All–Our Father . . .
P– Deliver us, Lord . . .
All –For the kingdom, the power, and the glory are yours, now and for ever.

SIGN OF PEACE



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BREAKING OF THE BREAD

All—Lamb of God, you take away the sins
of the world:
have mercy on us. (2x)
Lamb of God, you take away the sins
of the world:
grant us peace. .

COMMUNION

P —Behold the Lamb of God, behold him who
takes away the sins of the world. Blessed are
those called to the supper of the Lamb.

All — Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

COMMUNION ANTIPHON

*(To be recited only when no Communion hymn is
sung.)*

How great is the goodness, Lord,
that you keep for those who fear you.
(Ps 31 (30): 20)

PRAYER AFTER COMMUNION

P —Renewed by this bread from the heavenly
table,
we beseech you, Lord,
that, being the food of charity,
it may confirm our hearts
and stir us to serve you in our neighbor.
Through Christ our Lord.
All—Amen.

CONCLUDING RITES

P —The Lord be with you.
All—And with your spirit.

P —May almighty God bless you: the Father,
and the Son, and the Holy Spirit.
All—Amen.

P —Go in peace, glorifying the Lord by your
life.
All—Thanks be to God.



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